



**PMSI**  
COMPREHENSIVE HEALTHCARE

*For Life*

presents

## The Pottstown Optimist 5k Run

**Date:** Sunday, October 19, 2008      **Distance:** 5K Run/Walk (3.1 miles)

**Location:** Memorial Park, King and Manatawny Streets, Pottstown PA

**Times:** Registration starting 7:30 AM      5K Run starts 9:00 AM.

**Benefits:** Pottstown Optimist Club Youth Activities.

**5K AWARDS:** First Male & Female Overall - - - and Top 3 Males & Females in each Age Group. 12-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over.

**\*\*\*1 MILE FUN RUN/WALK\*\*\* “A Family Affair” - Moms, Dads, and Kids!**

**\*\*BIKE RAFFLE\*\*** All pre-registrations received by 10/8 will be entered to win a BRAND NEW BIKE!! Chances will be available to purchase on Race Day for \$1 each, 6 for \$5

**FEATURES:**    **\*\*\*\*LONG SLEEVED T-Shirt**    **\*\*\*\***Ample parking and restroom facilities  
**\*\*\*\***Timing by Pretzel City Sports    **\*\*\*\***Awards ceremony    **\*\*\*\***Great Refreshments

**Entry Fee: 5k Run:** \$18 if received by 10/8, includes t-shirt and raffle entry  
After 10/8 - \$23, including Race Day while shirts last, \$17 once shirts are gone.

**Fun Run/Walk:** \$5 ages 11 and under, \$10 ages 12 and up (Does not include t-shirt) **\*\*Awards for all Fun Run finishers 11 and under\*\***

**To Enter:** Fill in form below. Make checks payable to “Pottstown Optimist Club”.

**Mail To:** Pottstown Optimist Club, PO Box 652, Pottstown, PA 19464.

**For Info:** Sue Clohecy 484-645-6568 [saclohecy@gmail.com](mailto:saclohecy@gmail.com)

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Registration Pottstown Optimists 5k Run      (one form per person)

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ M \_\_\_ F \_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Fee: \$ \_\_\_\_\_ T-Shirt: S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ Ph (\_\_\_\_\_) \_\_\_\_\_ AM? \_\_\_ PM? \_\_\_ Both?

E-mail (please print VERY clearly) \_\_\_\_\_ @ \_\_\_\_\_

In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, waive and release all rights and claims for damages I may have against the Pottstown Optimist Club, its officers, members, sponsors, organizers, coordinating groups and individuals associated with this event and will hold them harmless from any injury suffered in this event. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with said event. I understand that road racing is a potentially hazardous activity. I verify that I am physically fit to participate in this event.

Signature (parent's if under 18) \_\_\_\_\_

I am unable to participate, but please accept my donation of \$ \_\_\_\_\_ to support Youth Programs  
(application may be duplicated)